

NEWSLETTER

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December 2025

Spring Term Dates:

Tuesday 6th January to Friday 13th February

Monday 23rd February to Friday 27th March



Upcoming Dates:

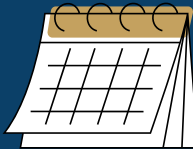
5th January - PD Day

6th January - Children back to school

20th January - Year 5 Viking Enrichment

27th January - Anxiety Workshop for Parents

28th January - Year 4 Norwich Castle Trip



After School Clubs:

Monday - Gymnastics - Year 1 to Year 4

Monday - Board Games - Year 3 to Year 6

Tuesday - DF Sports Multi Sports - All Years

Tuesday - Hockey - Year 4 to Year 6

Wednesday - KATS - All Years

Thursday - Multi Sports - Year 5 to Year 6

Friday - Table Tennis - All Years

Thank You

We have seen so many generous donations of clothes, food, toys, balloon displays and also your time.

Without your kind donations throughout the year, we would not be able to help the St Mary's families and our community.

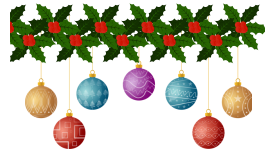
The school has also gratefully received a donation of laptops which will be put to use around the school.

Even taking part in PTA events such as the Bingo Night, School Discos and Fayres helps bring money into the school.

Year 6 has recently had a raffle where the £424 raised will go towards their leavers party at the end of the year.

The Orchard (Nest) raffle has raised over £1,000.

A huge thank you to everyone!



School Choir at Nativity Festival | 30th November

The school choir attended their first event at the end of November at the Nativity Festival held at St Mary's church.

The choir who meet during lunchtimes, sang various carols including Carol of the Bells, Drummer Boy and Hark the Herald Angels Sing.



It was a lovely performance. Thank you to all the children and parents for coming.



PTA Christmas Fayre | 5th December

Thank you to everyone who came to the PTA Christmas Fayre earlier this month. It was lovely to see so many families stay and experience all the stalls. A staggering £1,300 was raised during the event which will go back to the school.

A huge thank you to all our volunteers as without them the Fayre wouldn't happen.

Don't forget, the PTA are always looking for new members, please speak to them if you are able to help in any way.





Year 6 Raffle Winners

Congratulations to our two Advent Calendar winners, Harry and Lyla, of the Year 6 Advent Calendars.

We also had four winners of the Year 6 Hampers. Congratulations to Olivia, Samuel, Toby and Chester.

We hope you enjoy them. Thank you to everyone who purchased raffle tickets.



Rapunzel at Theatre Royal | 9th and 10th December

After a year in planning, we managed to send the whole school to Theatre Royal at Bury St Edmunds to see the Pantomime, Rapunzel.

On both days, 4 coaches took the very excitable children and adults to see the show.

The children had an incredible time, sitting on the edge of the seats joining in with the shouting out and singing.

The children were a credit to the school. We would like to thank everyone who made this happen, and to all you parents for helping us keep the surprise!





UPCOMING EVENTS

2026/2027 Early Years Open Day | 8th January

We currently have availability on our last Open Day for parents with children due to start Early Years in September 2026.

If you have a child, or know anyone who has a child due to start school in September next year, please contact office@smpsac.org to book onto the tour.

ST MARY'S ACADEMY

Early Years
2026/2027 Open Day

Thursday 8th January
1.30pm to 2.30pm

Please book via
office@smepsac.org

NOW AVAILABLE TO BOOK VIA E-MAIL

Join us !!

Trinity Avenue, Mildenhall, Suffolk, IP28 7LR
www.smepsac.org
office@smepsac.org 01638 713317

Navigating Anxiety: A Workshop for Parents

Is your child struggling with anxiety? You are not alone. Join the Mental Health Support Team (MHST) for a supportive and informative workshop designed specifically for parents like you. This session provides a safe space to gain valuable insights, learn effective strategies, and connect with other parents facing similar challenges.

- **Understanding Anxiety:** Learn the common signs and symptoms of anxiety in children.
- **Practical Tips & Advice:** Discover evidence-based techniques to help your child cope with worries and fears.
- **Building Resilience:** Learn strategies to foster healthy emotional habits and confidence in your child.
- **Linking with Other Parents:** Share experiences, offer mutual support, and build a community network.

Tuesday 27th January 2026
9:15 - 10:45 AM

No need to register in advance - simply come to the studio

Anxiety Workshop for Parents | 27th January

Following our successful coffee morning in November for parents with children with anxiety, we have booked a Navigating Anxiety workshop for parents on Tuesday 27th January at 9.15am to 10.45am.

No need to book, please turn up at the studio.



Wrap Around Care |

Cheerful Champs now run the Wrap Around Care for both the morning and afternoon sessions.

Here's what you can expect:

Extended morning sessions: 7.30am to 8.30am

Afternoon sessions: 3.20pm to 5.30pm

Flexible drop off and pick up

Bookings can be booked via their website
www.cheerfulchamps.co.uk

Food Donations |

At St Mary's we are always looking for food donations so we can help the families in our community.

We have found some cheap, easy to cook recipes and would be very grateful if you are able to donate any of the ingredients.

Rice with Curry Sauce and Vegetables:

- Rice
- 1x jar of curry sauce
- 1x tin of peas
- 1x tin of sweetcorn
- 1x tin of carrots

Tuna Pasta Salad:

- 1x can of tuna
- Pasta
- 1x tin of peas
- 1x tin of carrots
- 1x tin of chopped tomatoes

Lentil and Vegetable Soup:

- 1x tin of lentils
- 1x tin of mixed vegetables
- Vegetable stock cube

Creamy Mushroom Pasta:

- Pasta
- 1x tin of chickpeas
- 1x tin of peas
- 1x tin of mushroom soup

Speedy Sausage Casserole:

- 1x tin of baked beans and sausages
- 1x tin of boiled potatoes
- 1x tin of carrots
- 1x tin of chopped tomatoes

Vegetable Packed Curry:

- 2x tins of chickpeas
- 1x tin of chopped tomatoes
- 1x tin of chicken curry
- 1x tin of mixed vegetables

Tuna Sweetcorn Pasta:

- Pasta
- 1x can of tuna
- 1x tin of sweetcorn

Tomato Pasta:

- Pasta
- 1x can of meatballs
- 1x jar of pasta sauce
- 1x tin of mixed vegetables



NEWSLETTER

December 2025



Term Dates |

Our term dates for the 2025 – 2026 and 2026 – 2027 school year are below. Please remember children are not required to attend on PD Days.

A copy of these term dates can also be found on the St Mary's website.

2025-2026



St Mary's Academic Year

September '25	October '25	November '25	December '25
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
January '26	February '26	March '26	April '26
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May '26	June '26	July '26	August '26
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Friday 19th December
1.15pm finish

Friday 27th March
1.15pm finish

Friday 17th July
1.15pm finish

2026-2027



St Mary's Academic Year

September '26	October '26	November '26	December '26
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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May '27	June '27	July '27	August '27
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School Holidays



National Holidays



Non-Pupil Days



Friday 18th December
1.15pm finish

Thursday 25th March
1.15pm finish

Friday 20th July
1.15pm finish